

MPNA News

The Melrose Park Neighbors Association

Volume 2 – Number 91

From MPNA President – Andy Rudin

Monday, April 12, 2010

The Cops Want Our Drugs!

Drop off your unwanted drugs at CHELTENHAM POLICE HEADQUARTERS, 8230 Old York Road on Saturday, April 17, 2010 at 9:00 am to 2:00 pm

Products Accepted from Households:

- Prescription medications (controlled and uncontrolled)
- All over the counter medications
- Medication samples
- Vitamins and supplements
- Medicated ointments, lotions, creams and oils
- Pet Medication
- Inhalers
- Liquid medication
- Homeopathic remedies
- Suppositories

What will NOT be accepted:

- IV bags •Needles
- Bloody or infectious waste
- Pharmaceutical waste not generated by households (e.g., clinics, pharmacies, hospitals, doctors, etc.)
- Radioactive pharmaceuticals

Please submit medication in original containers for identification, if possible. Please cross out all personal information. If this cannot be done, please place medication in clear bags with the name of the substance visible on the bag. MPNA

Cheltenham High School Alumni Open House

June 12, 2010 1pm to 4pm, Cheltenham High School, 500 Rices Mill Rd.

Wyncote, PA 19095. Admission is free. Donations to the Cheltenham Alumni Association are appreciated. Come and reminisce, wear your old school attire, see your former classmates. If you wish to receive more details and announcements from the CHS Alumni Association contact them at P.O. Box 217, Wyncote, PA 19095-0217. Or email alumni@cheltenham.org or phone 215 886 4697 or fax 215 886 4464. MPNA

News from Friends of High School Park

Plant Enthusiasts Program

Woodland Native Beauties

Wednesday, April 14 2010 7-9 PM

Native plant specialist and propagator, Dale Hendricks will discuss how to grow and combine ephemerals and shade loving regional natives. He will "dig" in to the lore, growth patterns, Propagation strategies and habitat preferences of these "American Beauties". We'll make sure to save time for questions. FREE. Advance Registration required.

To register, for directions or more information about the Plant Enthusiasts Program contact Diana K. Weiner, Restoration Manager, Friends of High School Park at 215-782-8082

or email info@fhsp.org. Meeting will be at the Stratford Gallery, 930 Stratford Avenue in Elkins Park at the intersection of Mill and Stratford Roads.

Landscaping with Native Plants

Sunday April 18, 2010 2-4pm. Join the Friends of High School Park Restoration Manager, Diana K. Weiner for this event. Bring a rough draft of your yard and get instructions for designing a pleasing native garden that can flower all season long. Held at FHSP Office - 7910 Montgomery Road, Elkins Park. Members – FREE/ Non-Members \$5. Reservations Required. Call 215-782-8082 or email info@fhsp.org.

Come See Our Sun up Close

Sunday April 25, 2010 3-4pm. Albert Lamperti, with the Delaware Valley Amateur Astronomers, will help us see the dynamic sun through a telescope with special filters. You may see filaments, prominences, granulation and sunspots. FREE to all. Held right in High School Park. For more information call 215-782-8082 or email info@fhsp.org.

Native Plant Restoration - Volunteer Workdays

Saturday & Sundays 1-3pm

April 24 & April 25

If you like to garden, be outdoors and/or are interested in learning more about native plants, please join Friends of High School Park for a volunteer workday! High School Park is an 11-acre park with 4 distinct ecosystems that relies on the help of volunteers to remove invasive plants and replace them with native plants. Located in Elkins Park at High School and Montgomery Roads one block from the Elkins Park train station. Contact Restoration Manager Diana K. -Weiner at 215-782-8082 or at info@fhsp.org for more information. Learn more about the restoration work and the park at www.highschoolpark.org RSVP's appreciated and drop-in's welcome. Groups welcome! MPNA

EARTH DAY ACTIVITIES IN CHELTENHAM

We are on for cleaning the flower beds at the Melrose Park SEPTA station on 4/17/2010 from 10am to noon. People need to bring some tools -- rakes, pruning tools, gloves, kneeling pads etc.

The perennials we already have are plentiful. This would be a cleanup and evaluation day. We can plant annuals later in the spring. If any one has concerns or suggestions they can email our coordinator Ricki Lent at rsimone49@aol.com.

Neighborhood, school and community groups will commemorate Earth Day with more than a dozen projects scattered throughout Cheltenham Township. The projects will be held on Saturday, April 17, unless otherwise indicated. Everyone is invited to take part; no registration is needed.

In addition, an Earth Day Festival is scheduled for Saturday, April 24 from noon to 3:00 p.m. at Myers Elementary School, located at 7609 Montgomery Avenue in Elkins Park. Tours of the new LEED-certified school will highlight the event.

All of the Earth Day activities fall under the umbrella of the Cheltenham Township Environmental Advisory Council (EAC). For more information, contact Barb Duffy, EAC chair, at 215-885-1506. MPNA

The Elkins Park Library April Book Sale

The Friends of the Elkins Park Free Library holds its next Used Book sale on Friday, April 16th, 7 p.m. to 9 p.m., Saturday, April 17th, 10 a.m. to 3:30 p.m., and Sunday, April 18th, 1 p.m. to 3:30 p.m., 563 East Church Road, Elkins Park. Sale includes books, CDs, audiotapes, records, videos, software, games, giftware and more. 15,000+ items in all. Too many specials to itemize. FREE.
Information: 215-635-5000. MPNA

This Newsletter

If you have any suggestions for items for this newsletter, feel free to email them to me at andrewrudin@earthlink.net MPNA

MPNA memberships

Membership in MPNA helps pay for plantings, signage, and many other things. Annual dues are \$10 per individual, \$20 per household. Send your contribution to MPNA Board member Jim Muldoon, 106 Parkview Road, Cheltenham, PA 19012. The membership cycle is the calendar year. MPNA

MPNA Board

Members of the MPNA Board are Andrew Rudin, Phil Kates, Michael Shectman, Jim Muldoon and Albert Fried-Cassorla. If you are interested in helping out with MPNA, please email me at andrewrudin@earthlink.net. This newsletter is available or will be soon on our website – www.melroseparkneighbors.org MPNA

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