

MPNA News

The Melrose Park Neighbors Association

Volume 2 – Number 86

From MPNA President – Andy Rudin

Saturday, March 06, 2010

News from Friends of High School Park

Plant Enthusiasts Program

Gardening Hand-in-Hand with Mother Nature

Wednesday, March 10 2010 7-9 PM

Horticulturist, Charlotte Kidd will discuss how to work with nature to create an easier, bountiful, and sustainable gardening experience. Learn about organic gardening techniques for ornamental, vegetable and rose gardens. Discuss how to start a new bed or revitalize an existing one and share tips with others. **FREE.**

Advance Registration required.

To register, for directions or more information about the Plant Enthusiasts Program contact Diana K. Weiner, Restoration Manager, Friends of High School Park at 215-782-8082 or email info@fhsp.org. Meeting will be at the Stratford Gallery, 930 Stratford Avenue in Elkins Park at the intersection of Mill and Stratford Roads.

Native Wildflower Tour

Sunday March 21, 2010 3-4pm. Join the Friends of High School Park Restoration Manager, Diana K. Weiner for a walkabout to view wildflowers in High School Park and capture the essence of spring! Learn about other spring ephemerals that will be planted in the park and the four distinct ecosystems in the park. See how we are addressing erosion issues by encouraging native wildflowers and fostering wildlife throughout the 11-acre native plant park. **FREE.** To register and for directions call 215-782-8082 or email info@fhsp.org.

Native Plant Restoration - Volunteer Workdays

Saturday & Sundays 1-3pm

March 20 & March 21

If you like to garden, be outdoors and/or are interested in learning more about native plants, please join Friends of High School Park for a volunteer workday! High School Park is an 11-acre park with 4 distinct ecosystems that relies on the help of volunteers to remove invasive plants and replace them with native plants. Located in Elkins Park at High School and Montgomery Roads one block from the Elkins Park train station. Contact Restoration Manager Diana K. -Weiner at 215-782-8082 or at info@fhsp.org for more information. Learn more about the restoration work and the park at www.highschoolpark.org RSVP's appreciated and drop-in's welcome. Groups welcome!

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MPNA EarthDay Activities

We are on for cleaning the flower beds at the Melrose Park SEPTA station on Saturday, 4/17/2010 from 10am to noon. Neighbors need to bring some tools -- rakes, pruning tools, gloves, kneeling pads etc. The perennials we already have are plentiful. This would be a cleanup and evaluation day. We can plant annuals later in the spring. If any one has concerns or suggestions they can email our coordinator Ricki Lent at rsimone49@aol.com.

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Fun Walk and Wellness Fair

From Ruth Shaw, Melrose Parker and Township Main Street Manager:

3rd Annual Cheltenham Phys Ed 5K

Save the Date! April 18, 2010

THE RUN FOR JAKE

The 1 Mile Fun Walk &

The Cheltenham Wellness Fair

For more information or to register, go to www.runforjake.com

For Sponsorship info, contact Merle Harris at 215-517-3742 or mharris@cheltenham.org

For Wellness Fair info, contact Cheryl Horsey at 215-881-6333 or chorsey@cheltenham.org MPNA

March Book Sale at Elkins Park Free Library

The Friends of the Elkins Park Free Library holds its first Used Book Sale in 2010 on Friday, March 19th, 7 p.m. to 9 p.m., Saturday, March 20th, 10 a.m. to 3:30 p.m., and Sunday, March 21th, 1 p.m. to 3:30 p.m., 563 East Church Road, Elkins Park. Sale includes 15,000+ books, CD's, audio tapes, videos, records, software, games and more. If weather is inclement, call first to be sure the sale is on. **FREE**. Information: 215-635-5000. MPNA

This Newsletter

If you have any suggestions for items for this newsletter, feel free to email them to me at

andrewrudin@earthlink.net MPNA

MPNA memberships

Membership in MPNA helps pay for plantings, signage, and many other things. Annual dues are \$10 per individual, \$20 per household. Send your contribution to MPNA Board member Jim Muldoon, 106 Parkview Road, Cheltenham, PA 19012. The membership cycle is the calendar year. MPNA

MPNA Board

Members of the MPNA Board are Andrew Rudin, Phil Kates, Michael Shectman, Jim Muldoon and Albert Fried-Cassorla. If you are interested in helping out with MPNA, please email me at

andrewrudin@earthlink.net. This newsletter is available or will be soon on our website –

www.melroseparkneighbors.org MPNA

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